

# OPEN LIKE BLUESKY

FORMERLY: THE BUFFALO EMDR TRAINING INSTITUTE

EMDR BASIC TRAINING  
SPRING|SUMMER 2023

## LEARNING AND EXPECTATIONS

First, you will be trained to meet the EMDRIA approved basic training standards through a virtual classroom which includes videos of the basic EMDR therapy procedures, protocols & techniques; gain the knowledge of how to gather history & how to prepare clients for EMDR processing. You will gain the knowledge & practice in the application of the Basic Protocol & its applications from acute trauma & PTSD to problems of daily living such as depression, anxiety, addiction, low self-esteem as well as the practice of EMDR Teletherapy. The lecture will be supplemented with practice sessions in which you will learn the therapy by first-hand experience of processing from a client's and a therapist's point of view. At the end of the course students will receive an EMDRIA Basic Training Certificate.

## OUR COURSE INCLUDES

- 20 hours lecture
- 20 hours small group practicum
- 10 hours consultation
- 50 CEU's are Included
- 8 Days of live training via zoom
- Downloadable pdfs of course content
- 12 month access to website post-course completion

## SPRING|SUMMER 2023

\*3.30 (optional orientation) | \*\*4.27 & 4.28 | \*\*5.25 & 5.26 | \*\*6.29 & 6.30

\*6.15 (midway consultation) | \*\*7.27 & 7.28 |

\*8A - 11A | \*\* 8A - 2:45P

\*8A - 10A | orientation will be recorded |

## MEET YOUR TRAINERS

Marcy Brimo, LCSW-R; trained by Francine Shapiro in 1995 has been an EMDR Trainer since 2003.

Seaghan Coleman, LCSW-R; an Approved Consultant & trainer since 2014.

## COURSE FEE

\$1850\*

\*required text\*\* not included.

\*\*Shapiro, F. (2018). "Eye Movement Desensitization and Reprocessing (EMDR): Basic Principles, Protocols, and Procedures" (Third Edition). New York: Guilford Press.

Text available at:

**amazon** **BARNES & NOBLE**



REGISTER  
TODAY!

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